



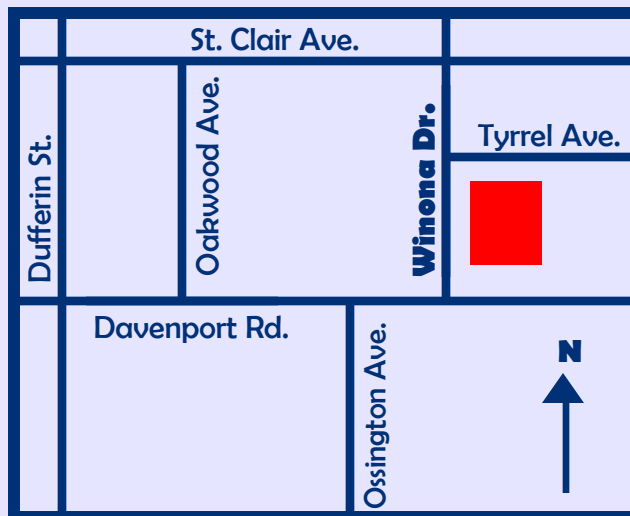
Adult Day Program



33 Winona Drive
Toronto, Ontario
416-654-7700

Our Location

Our program is located in our newly renovated recreational space at Hellenic Home Toronto located at 33 Winona Drive.
(Davenport Road and Ossington Ave.)



For further information please contact the
Manager of Community Programs
Ana Mantziounis
416-654-7700
Ext. 2275
amantziounis@hellenichome.org



Hours and Fees

Program Days

Monday to Friday

Program Hours

9:00 a.m. to 4:00 p.m.

Program Fee

\$22.00 per day
(Subsidies available to those who qualify)



Program Description

The Hellenic Home Adult Day Program is a social, recreational, and therapeutic program for older adults with physical frailty, and/or cognitive impairment.

The Adult Day Program provides supervised group activities in a warm and welcoming environment. Our activities support clients in maintaining their maximum level of functioning and in achieving independent living with dignity.

Caregiver relief is a key component of our program as Hellenic Home's Adult Day Program provides clients with a safe, healthy and friendly program where caregivers can feel secure while they are at work or away from home for the day.



Activities and Programs

- Gentle Fitness
- Art Therapy
- Spiritual Services
- Special Events
- Chair Yoga Classes
- Dancing
- Various Social Activities
- Interactive Games
- Current Events
- Sensory/Stimulation room
- Music Therapy

Included Services

- Hot nutritious meals
- Refreshments and snacks
- Assistance with walking, toileting, showering, eating, and medication reminders
- Counseling/support and education for clients and their families on living arrangements, health issues, community services, and future planning
- On-site Social Work services
- On-site access to additional services: volunteer tax clinic, hair salon and chapel services

Eligibility

- 65 years and older (younger applicants will be considered on an individual basis)
- Recent medical assessment required from a physician certifying ability to participate
- Ability to participate within the limits of care

Accreditation

The Adult Day Program of Hellenic Home, was successfully accredited by CARF Canada for the next three years, 2018-2021. Accreditation demonstrates, that our organization is committed to reducing risk, addressing health and safety concerns, always respecting cultural and individual preferences, and also committed to put the needs of our client's at the center of our care!



Referrals are welcome from medical professionals, social workers, family members, or clients. Applicants will be assessed individually. To apply, please contact the Manager of Community Programs

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